



Saskatchewan
Brain Injury
Association

Annual Report
April 2014 - March 2015



Saskatchewan Brain Injury Association

Since 1985, the Saskatchewan Brain Injury Association has been helping individuals and families deal with the effects of traumatic or acquired brain injury. Founded by families whose children sustained brain injuries, the Saskatchewan Brain Injury Association (SBIA) is a registered charity, registered under the Saskatchewan Non-Profit Corporations Act, which provides support and service free of charge to individuals and families who are living with the effects of acquired brain injury.

Each year, the Saskatchewan Brain Injury Association reaches out to many survivors, family members, and caregivers, offering:

- Information, service advocacy, support and guidance for individuals and families coping with the effects of ABI. Each month, our Provincial Toll Free Support Line receives between 50 and 100 calls, and our Web Site provides information to nearly 7,000 hits.
- Educational programs for the public as requested and regularly for ABI Survivors and their families at three major retreats held around the province. Retreats as well as the Positive Steps Walk-a-thon provide opportunities to gather as a community to learn from each other.
- Referrals to and support of peer Support Chapters in Saskatoon, Regina, Prince Albert, Moose Jaw and Yorkton. Support Chapters meet weekly or monthly and organize regular activities for survivors.
- We distribute information and educational materials about acquired brain injury and its PREVENTION throughout the province.
- We manage and maintain a Provincial Information/Resource Centre for students, professionals, survivors, and their families.

SBIA has a strong presence at the national level, with representation on the Brain Injury Association of Canada board. SBIA is a leader in developing initiatives that can expand into national programs.

Mission Statement

The Saskatchewan Brain Injury Association strives to prevent brain injuries and to improve the lives of survivors and their families.

Vision

A world without brain injuries with survivors at their full potential.

Values

We believe in:

- the dignity and self worth of the individual with an acquired brain injury; their contribution and that of family members is valued
- Promoting connections/networking of survivors with other survivors for support, education and understanding
- The value of group and individual support for individuals and families coping with effects of a brain injury; support and respite for care givers
- Sharing the lived experience; educating others about living with an acquired brain injury
- Partnerships with other community organizations/governments to create and enhance services and programs for people with acquired brain injury
- Quality in all we do
- Continuity of Service
- Balance between immediate needs and longer term needs
- Using positive – asset based approaches
- Preventing Brain Injuries

A Letter From The President

At last, brain injuries and concussions are being recognized as life altering events!"

A heartfelt thank you to everyone who contributed to the success of the Saskatchewan Brain Injury Association in 2014!

Once again the growth of the organization has been unprecedented and continues to thrive maintaining the track record of success and positive growth. Every day presents new challenges as programs are enhanced to focus on our brain injury survivors and their caregivers.

Saskatchewan, on a per capita basis, still leads the nation in the incidence of brain injury and it is with great pride that I can report that the Saskatchewan Brain Injury Association remains committed to reduce these life changing injuries at home, in the workplace, in sports and recreation throughout the province.

As an organization that depends on a solid core of volunteers, combined with dynamic Provincial leadership and a strong Provincial Board of Directors, we will continue to move forward with our sponsorship partners enabling us to achieve mutual goals in all areas of prevention and education.

There are many members of our community in the past year that have experienced the "ultimate game changer" in their lives as a result of brain injury. We are fortunate that we have been able to provide many of these survivors and their caregivers with the support and understanding that is critical in their recovery. SBIA will strive to be the "light at the end of the tunnel" for the members of the community affected by brain injury. We are committed to work with the ABI Partnership to increase public awareness and decrease the incidence of brain injury in our Province.

Please note as you read through this year's annual report that the Provincial funding Saskatchewan Brain Injury Association receives from the ABI Partnership is approximately twenty five per cent of our total revenue while the balance is made up by a core group of sponsors at the provincial level in-

cluding Work Safe Saskatchewan. A group of fully committed volunteers give freely of their time to organize the two major fund-raisers, the annual Brain Blitz Gala and the Brain Boogie Walkathon, contribute over 60% of our operating revenue. These statistics clearly illustrate that the on-going efforts and sustainability of our mandate is a clear collaboration of provincial funding, private sector, volunteers and our membership.

In 2015 we will work to enhance the lives and opportunities for all Brain Injury Survivors in Saskatchewan and at the same time focus on reducing brain injury through intense efforts in prevention and education.

Can you imagine the difference 10% in the reduction of brain injury could make in this Province? If you are reading this report you know the answer and it is my feeling that this target is well within the community's reach.

There is still a major mountain to climb in a number of areas, but we are edging closer to the top!

To all of you who are involved with SIBA in one form or another, again, a heartfelt thank you for all your support and encouragement over the past year!

Respectfully submitted,

**Gord MacFadden,
SBIA President**



A Year In Review

At Message from our Executive Director

Change is a constant and for the Saskatchewan Brain Injury Association (SBIA) that has been particularly true during the past year.

New partnerships, such as the Saskatchewan Royal Purple Association have added to SBIA's capacity with both financial and human resources. The BrainLove campaign, launched early in 2014 was a success from its very start increasing both funds and education for Brain Awareness Month in March of 2015.

Shooting Stars Foundation joined SBIA for a week of 2015 Brain Awareness Week activities including media presentations as well as educational presentations to school children at the Saskatchewan Science Centre.

Saskatchewan Blue Cross partnered with SBIA for Brain Injury Awareness Month in June, powering the design and distribution of a new poster, "You Can't See A Brain Injury", featuring Emilia Becker and some of her friends as models. Emilia traveled the province telling her story at schools, festivals as well as city council meetings and service club meetings.

Public education about living with brain injury and preventing brain injury has increased as new partners work with SBIA to spread the prevention message and to promote understanding about the impact brain injury has on individuals and families.

SBIA said farewell to researcher, Samya Vellani, who returned home to Vancouver after completing the survey of SBIA members regarding the need for supported housing for brain injury survivors. Her report will be used to inform future plans to improve or partner in the development of much needed housing.

Jennifer Buxton, who has managed the SBIA website, social and is the designer of many of the print and electronic materials, moved on to a new position but still assists on occasion as she has time.

Support groups, such as the two new youth groups and the caregivers' group have become an essential part of weekly schedules as members continue to join, commenting on how important it is to be part of their communities.

The Chapter groups and activities as well as Camp and the two Retreats continues to bring together survivors and their families to learn together from presentations as well as to learn from each other.

Change is good and SBIA continue to thrive and improve through each change while maintaining at its core the activities and programs that its members value.



**Glenda James,
Executive Director**



Annual Fundraisers

The Saskatchewan Brain Injury Association proudly hosts events throughout the year to raise money for programs that provide support to brain injury survivors, their families and caregivers.

In addition to supporting programs the funds are used to promote awareness of brain injuries. Prevention is the only cure.

By attending and sponsoring our fundraising events, individuals and companies are supporting our vision of a world without brain injuries with survivors at their full potential.



Brain Blitz Gala

The 2014 BHP Billiton Brain Blitz Presented by WorkSafe Saskatchewan was a great day and night!

While our volunteers brought Paris to the Prairies, CFL alumni, Matt Dunigan and Graeme Bell ran a football practice with Saskatoon Minor Football athletes next to Griffiths Stadium. The athletes began their morning with a safety in sports pep talk by Matt and Graeme before getting a great workout.

The message of the morning was safety, and Matt's redefinition of the word "tough". Matt believes that to be tough isn't playing through pain, but knowing when to say "no" and taking yourself out of the game.

The morning ended with all athletes signing the Take Brain Injury Out of Play pledge, and posing for a picture with the Huskies Football Club, who were in the middle of Spring Camp.

After a full day of preparations, Paris arrived at TCU Place. Volunteers and athletes from the U of S Huskies Women's Hockey Team and the Saskatoon Blades greeted everyone as they arrived. The scene was set for a Springtime adventure, which included artwork, a photo opportunity with the Eiffel Tower, and a Champagne Reception.

Olympic Gold Medalist, Catriona Le May Doan (Saskatchewan Blue Cross), was the M.C. for the evening. She welcomed everyone and recognized special guests the Honourable Donna Harpauer, the Honourable Rob Norris, Former Saskatchewan Roughrider, Graeme Bell; Saskatchewan Roughriders, Levi Steinhauer and Ben Heenan; and Winnipeg Blue Bomber, Pat Neufeld.

After dinner, Jennifer Kuchinka told her story of surviving a brain injury after a truck hit her. Reuniting with her baby daughter was the goal that motivated her recovery.

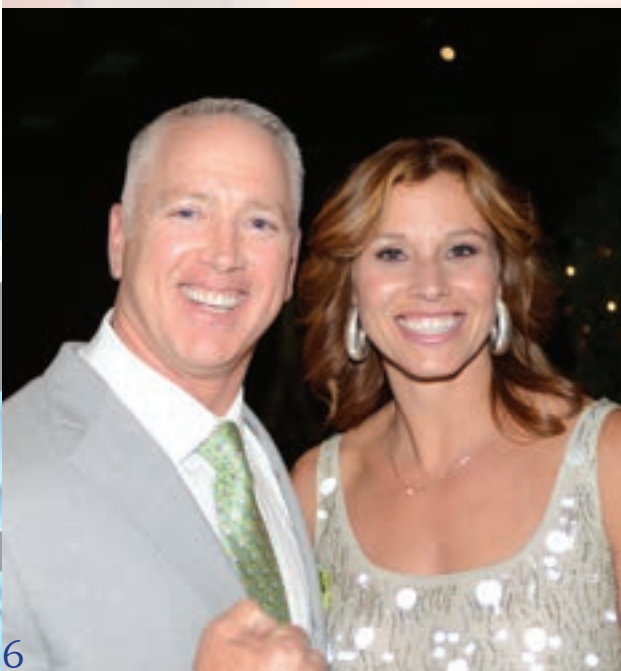
A live auction, commanded by Ken McCulloch, featured great items - a signed Steve Yzerman jersey (Bart Hunter at Scotia McLeod), dinner for 4 with Kim Coates at the Ivy Dining Room and Lounge, a weeklong houseboat rental at the Shuswaps Lake (courtesy of Korpan Tractor, and a fishing trip to La Pas, Manitoba (Nootkin Resorts).

The crowd came to their feet to welcome CFL Hall of Famer and Guest Speaker, Matt Dunigan to the podium. He spoke about his personal battle with post-concussion symptoms and the impact it had on himself and family. It was an emotional speech and everyone could feel the courage of a man whose wife has described as having a "bee in his bonnet" after leaving the CFL.

He then talked about healing and how gardening and being on CFL on TSN has really helped him. He also briefly talked about his decision to pull his son, Dolan, out of football at the age of 14, after his third concussion in four years.

Dolan is still playing sports and Matt continues to encourage him to follow his dreams, but safety is priority. He reiterated his definition of tough, and that is how he lives/parents his kids.

The evening ended with Parisian photo moments and an emotional reminder that playing sports is great, but remember to be tough enough to know when to take yourself out of the game.



Thank-you to our Long-Term Partners and Brain Blitz Sponsors

Title Partner



Presenting Partner



BIAM Partner



Gold Partners



Silver Partner



Media Partners



Sports Partners



Diamond Sponsors



MC Sponsor



Gold Sponsors

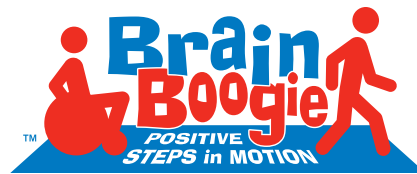


Silver Sponsors





Saskatchewan Brain Injury Association



Brain Boogie

The twelfth annual Brain Boogie...Positive Steps in Motion has been declared a success in all five locations across the province. Attendance was outstanding in most locations - over 300 people took part raising \$45,700 plus in kind and local donations.

Each year volunteers and staff work together to up the ante and get more participants out to raise awareness and much needed funds. The donations and pledges are used to fund local and provincial programs.

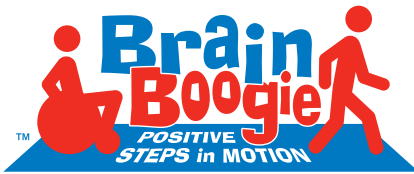
Runners and walkers were encouraged to join the Boogie for their daily routine, with designated 2 km and 5 km timed routes in Moose Jaw and Saskatoon.

Saskatoon, Moose Jaw and Regina all saw an increase in runners, due largely to the expanded partnership with the Running Room. Moose Jaw was pleased to have 16 runners register online.

Moose Jaw was the first of five cities to host the annual event on August 30 in beautiful Crescent Park.

After an hour and half thunderstorm delay, the walk got started with Glenda James, SBIA Executive Director welcoming all those in attendance. Mayor Deb Higgins brought greetings and congratulations from the city. The Yoga Loft led warm up stretches. Approximately 50 participants were brave enough to come out after the thunderstorm, raising over \$3600!





The Family Fun Boogie Celebration, featured a bouncy slide, face painting, carnival games, kids goodie bags, cotton candy and a superb barbecue of hotdogs and hamburgers! Kelly Poitras and her students from Mad Hatter performing arts school provided entertainment for the Moose Jaw celebration. Poitras also donated a one year scholarship and a \$500 gift certificate to her school. Both young winners were thrilled.

Regina and Saskatoon Chapters held concurrent events on Saturday, September 6.

The Regina event was held in the heart of the city near Wascana Lake, which made a gorgeous backdrop to the fun. The sun was shining brightly at 10:00 a.m. when participants registered for the fun walk and run around the lake. The money raised supports local programming that includes: the Regina Chapter Survivor group, the Drumming Circle group, the Caregiver Support Group, the youth program SOAR, and a new support group for young adults, Social Beans. Total raised was over \$14,000.

Those in attendance enjoyed the weather, the delicious barbecue, the entertainment from the Roughrider cheer team, and the great vibes from a local band called The Relative.

Many participants won prizes and SBIA Board member and Regina Brain Boogie coordinator, Nicole Wall was awarded the Tony Reslein volunteer award. Children enjoyed playing with balloons while the adults visited.

In Saskatoon, 90 participants attended the Brain Boogie, with a number running the route. There were children in tutus and brightly decorated bikes, adding to the festive atmosphere along a path overlooking the beautiful South Saskatchewan River. Donations and pledges raised approximately \$9,000.

The day began with greetings from His Worship, Saskatoon Mayor Don Atchison; MP Lynne Yelich sent a letter of greeting as she was unable to attend. The Family Fun Brain Boogie Celebration was a hit with a BBQ, a bouncy house, face painting, and bean bag toss.

The Prince Albert Brain Boogie was a tremendous success despite challenges. Organizer, and long time volunteer, Vern Wicks passed away suddenly. But Elaine Perkins and the Prince Albert Royal Purple Lodge stepped in to fill the void. The Boogie was held at the Elks Hall on Sept. 13, with 75 people attending. In addition to the walk there was a helmet safety clinic with kids, kids activities (fishing pond, bean bag toss, face painting), a silent auction and BBQ.

The event was dedicated to Vern's memory. In addition to local donations, \$7,500 was raised. What a great tribute to the kind of man Vern was.

Yorkton Boogie had to reschedule due to weather and location challenges. Despite the issues, on Sept. 20 at the Yorkton Home Hardware the Brain Boogie finally took place. It brought in close to \$1,000 with over 50 people supporting through a hot dog sale or raising pledges.

The Brain Boogie 2014 was an incredible success, despite some unforeseen circumstances. Thank you to everyone who donated money, time, and goodwill to the Saskatchewan Brain Injury Association.



Annual Events

Three annual events each year allow brain injury survivors, families and caregivers get together as a community of support.

Camp is an opportunity to experience the great outdoors with qualified staff and specific programming.

Our Spring and Fall Retreats offer insightful topics, crafts, recreation, delicious food and entertaining evening activities to survivors and families all in comfortable hotel accommodations.

We read in our feedback surveys how much folks look forward to these three events each year.

SURVIVOR & FAMILY CAMP

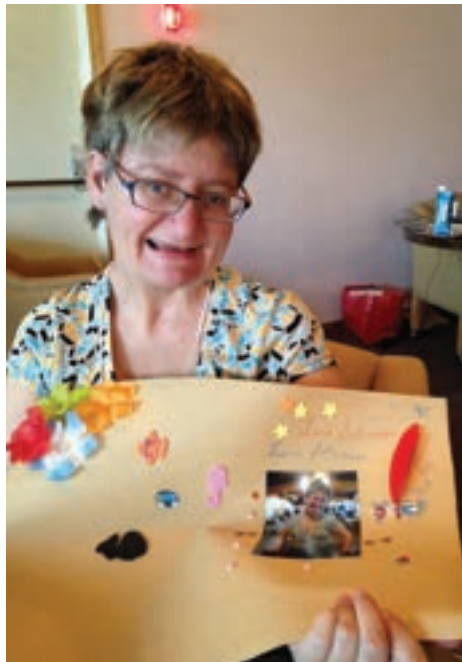
On June 13-15, 84 brain injury survivors, caregivers and SBIA staff gathered at Arlington Beach Camp to answer the "Call of the Wild"- the theme of Saskatchewan Brain Injury Association's annual Camp/Conference and AGM.

Campers were greeted with a campfire on Friday evening. The excitement was evident as they roasted hotdogs and marshmallows, enjoyed a sing-a-long by Rob Keck.

The program featured many survival challenges and wild activities, but Saturday's forecast became the first test. The campers were determined to enjoy themselves; with coffee mugs in-hand and decks of cards on every table, they managed to conquer the rainy-day blues.

After breakfast, a soul-filled session of yoga prepared caregivers for the day while campers either made crafts or tried their luck stacking giant Jenga blocks.

The craft for the weekend was Cave Wall Painting. On a piece of paper with a photo of themselves on it, campers expressed individuality with various art and craft supplies. Over the weekend, campers



wrote encouragements and affirmations on one another's art; it was a heart-warming activity.

Saturday afternoon began with a Tai-Chi session, which enlightened and relaxed some campers, while others braved the outdoors and tried archery. Afterwards, music filled the air as a therapeutic drum circle formed. The passionate involvement playing drums, shakers and countless other instruments was moving.



While campers took part in multiple activities, SBIA also held a caregiver session. Members shared and offered incredible support and understanding for one another.

Busy in the dining hall, campers painted birdhouses, and played Nintendo Wii sports games or boardgames!

The Annual General Meeting gave campers an educational opportunity to further their understanding of SBIA. For some campers however, the AGM wasn't the only business that needed settling. At our Fear Factor Food Challenge, 17 campers devoured everything from money and soap (candy paper and Thrills gum) to crickets and worms... that were flavoured and REAL.

Prizes were distributed and the competitors found their seats for an incredible fire-spinning performance! Dancing, fire batons and instruments such as digeridoos, jem-bays and flutes put the crowd in a trance as they watched in the rain!

A Cribbage tournament followed and ran late into the night. Whether playing for the first time or teaching a friend, congratulations to all.

On Sunday morning, campers participated in a session on Emergency Preparedness. Full of fun facts, True & False questions, and education about emergency contact information, campers both learned and showed their safety knowledge.

Soon enough, the weekend came to a close. Luggage, crafts and prizes were picked up. Goodbyes, laughs and hugs were exchanged. Every activity was a delight thanks to the campers' open-minded and welcoming attitude to new activities and leaders.

Moreover, whether during downtime or a scheduled activity, campers created a space to experience fun and acceptance.

Fall Retreat

The Saskatchewan Brain Injury Association held its annual Fall Retreat on October 25th & 26th in Regina at the Double Tree by Hilton Hotel.

The theme this year was a Fabulous Las Vegas style weekend...and FABULOUS it was! Those in attendance included our spectacular members, dedicated staff, engaging presenters, and some awesome student volunteers from the University of Regina.

The weekend began with a delicious lunch, followed by a thought provoking presentation by Donna Bowyer from the Canadian Mental Health Association. Donna discussed the connection between loss, grief, depression, and anxiety. Our next presenter was Addictions Counsellor, Ron Thurlow, from the Regina Qu'Appelle Health Region. Ron was very engaged with the audience and had some supportive answers for all of our member's questions.

Next, the survivors stayed in the main room to work on a Vegas picture frame craft with our great volunteers.

During craft time family members and caregivers joined some of the staff to participate in a round-table discussion about their concerns, hopes, and dreams for their loved ones and for the acquired brain injury community.

Following this fabulous day of informative sessions, the group was nourished with a delicious supper of carved roast beef, herb whipped potatoes, and side dishes.

The day came to an end as the group watched a Vegas style performance by the Fada Dance Company trio, who later welcomed our members onto the dance floor. After the dance, members participated in some Vegas style games that included: Plinko, Jumbo Memory,

High Roll with jumbo dice, Blackjack, and Pop Bottle Ring Toss. The Photo Booth was a hit again, and many took advantage of the great slot machine backdrop and the main props. At the conclusion of the evening, everyone went home with some fabulous prizes.

Sunday morning came early and our members enjoyed breakfast together, which was followed by a heart-warming story of hope from brain injury survivor, Jennifer Kuchinka. Jennifer also discussed the book that she wrote about her experience, titled 'After the Truck Hit.'

The weekend came to a beautiful ending as presenter, Fran Gilboy, led the room in a one-hour meditation session.

A farewell luncheon in Fabulous Las Vegas Regina closed the 2014 Fall Retreat, with us all looking toward 2015's adventures.

Thank-you to the SBIA volunteers, caregivers, family members, and participants for making this a Fall Retreat to remember!





Spring Retreat

Brain injury survivors, family and caregivers were swept away to Springtime in Paris March 29 and 30 at the Saskatchewan Brain Injury Association's Spring Retreat.

Participants could almost smell the cherry blossoms and hear the French in the air as they made their way into the sophisticated splendor staff and volunteers decorated the Parktown Hotel with.

The Bienvenue Luncheon could have been straight from a Parisian bistro, with wraps, salads, veggies and dessert to tempt everyone. After lunch, Which Way to Paris? presented by Carol Harrison was an enlightening talk on the road to our chosen destination with the bumps and detours along the way.

A short break was followed by C'est l'amour - A Discussion about The 5 Love Languages, presented by Maureen Brown. Attendees of this session were instructed on how to apply the right principles and learn the right language, to know the profound satisfaction and joy of being able to express your love-and feeling truly loved in return.

After such an emotional presentation, a break was in order and then craft time. Craft time was

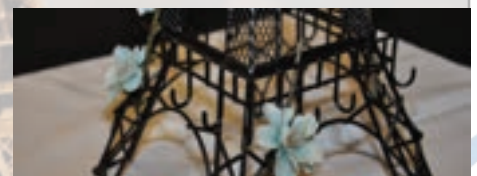
a-buzz with springtime posies and happy chatter as participants got in touch with their inner florist. The topiary designs were nothing short of magnifique.

For those not interested in the pursuit of fine arts, a presentation by Harold Empey was the right fit. His Just In Case presentation and binder were a welcome addition for the practical minded in the group.

Dinner was a served sophisticated menu of a boneless breast of chicken in a puff pastry, stuffed with boursin cheese and topped with a white wine cream reduction. It was served with bun basket and butter, broccoli & cheddar soup. A decadent chocolate almond torte was for dessert.

Attendees had no idea what was in store for the rest of the evening. Fête de la Musique - Parisian Performance presented by Malika Sellami proved to every bit as mysterious and wonderful as they could imagine. The performance was followed by a Parisian Festival, complete with games and prizes.

In keeping with suggestions from last year's retreat, Sunday started a little later with a light snack of muffins and coffee during check



out time and followed by Cirque de SBIA. Laoretta Peters is a Hula Hoopster Entertainer and showed off the magic of her art.

Survivors and caregivers settled in after a fantastic brunch of fruit, pastries, salads, meats, eggs and desserts to listen to Ben Dulanowsky share his story of hope. His inspirational story brought more than a few tears to eyes and it was clear he touched many in the audience.

After another fun-filled weekend away it was time to bid each other adieu.

Volunteers

Thank you to survivors, family members, community and corporate volunteers for many 100s of hours of volunteer service to the Saskatchewan Brain Injury Association.

SBIA is a grassroots organization, started by families with loved ones with brain injuries, that depends heavily on our massive volunteer base. We have Chapters operating in six locations across the province and volunteers take the helm at each of them.

We invite you to join our team of volunteers.

There are many options available:

Brain Blitz Gala presented by WorkSafe Saskatchewan

- Join the Brain Blitz planning committee
- Set up & Decorations prior to the Gala
- Clean up after the Gala

Chapter Support Group - Drumming & Walking Groups

- Join a Chapter Board
- Assist or accompany those needing assistance

Brain Boogie - Positive Steps in Motion (Aug-Sep)

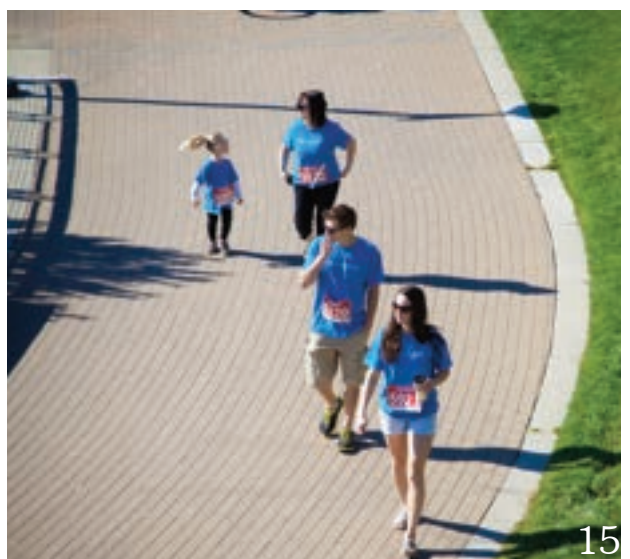
Takes place in Regina, Saskatoon, Moose Jaw, Yorkton & Prince Albert

- Planning Committee
- Event set up
- Registration & Pledge Collection station
- Route Marshalls and Water Stations
- Run timers
- BBQ – organize, set up, cook and/or serve
- Event clean up



Saskatchewan
Brain Injury
Association





Your Gifts At Work

It's not the size of the gift,
it's how it impacts survivors and families.

Chapter Reports



Regina

Our weekly group meetings are held every Thursday from 11 o'clock a.m. to 12 noon in the Volunteer Lounge at the Wascana Rehabilitation Centre.

We now have Robin Tresso facilitating the group meetings every second Thursday. This has been a tremendous addition to our meetings. Group members have embraced this and our discussions have been the best ever with everyone taking away gems of information and understanding.

Being the fun bunch that they are the follow-up lunch gatherings seem to last longer as people linger to spend time with new found friends.

Members attended the 2014 fall conference and reported back that it was fun and educational and the best ever (we have a group photo to prove it!).

Drumming, another weekly activity that some attend, is now over until the fall. It was a great year with increased attendance.

We have occasional sub lunches together, are planning on a few bbqs and are looking forward to camp!

Preparation is already taking place for the 13th annual Brain Boogie with members registering and gathering pledges. It has become the highlight of our year.

New people are always welcome.

Information on the group can be received by emailing barblbutler@gmail.com or calling the SBIA office.



Saskatoon

The Saskatoon Chapter would like to welcome new survivors and their families to our group. It would also like to thank its volunteers and board of directors for their commitment and guidance. The Saskatoon Chapter had a successful and active year. We participated in and attended camp, the spring retreat and raised money in our community for the Brain Boogie.

We hosted a 30 week walk program Thursday evenings at the Fieldhouse. Everyone had fun getting some exercise while socializing with friends. For our next fiscal year, starting April 1, 2015, we were successful in our application and approval of grant funds for our walk group.

We also hosted a monthly support group for survivors, some of the meetings included craft night, games night, billiards night and movie night. We are so fortunate for the many things to do in the Saskatoon community and its support. Rainbow Theatres donated all the movie passes for our attendance.

Thank you to the efforts of SARBI and our Board for organizing a wonderful Christmas party with a visit from the famous Santa and Mrs. Claus, jeopardy and a delicious supper catered by Pic Nic.

Submitted by the Saskatoon Chapter

Activity Group Report

We hosted walking group again Thursday evenings at the Fieldhouse. Everyone has fun getting some exercise. The Moving On program has been coming occasionally to join us at walking group.

Welcome to new people and thank you to the helpers and volunteers. We only have a few more times to go walking before we are done for the summer. I will keep in touch with everyone over the summer to let them know when we start again in September.

Our Christmas party and all its festiveness was a hit Mr. and Mrs. Claus were glad to return and see everyone. The games were fun; the prizes were awesome and the meal was great. Well done to everyone that worked hard to organize the party

In March we had our Spring Retreat at the Park town Hotel. "Springtime in Paris" was a nice way to start off our spring season. Everyone loved the guest speakers and truly motivated and encouraged by their stories. The evening games were enjoyed. No one was hungry because the food was great and there was lots of it.

It really was a great year and I know that next year will be equally as great. Meanwhile I hope everyone has a happy and safe summer and I will be in touch with everyone in the fall.

Submitted by Shelly Cory

Your Gifts At Work

Chapter Reports



Yorkton

Hi from Yorkton! We have our regular Coffee Support Group at Fresh on Fifth - usually the second Saturday of the month.

The purpose of our support group is to share with and support one and another for the mutual benefit of the whole group.

A small, but enthusiastic group took part in our version of the Brain Boogie. We had a barbeque in the Co-OP parking lot on Sept. 25.

Christmas was celebrated with six members getting together for a lovely meal.

We have a Golf Fun Day planned for July 18 at the Cherrydale Golf course.

After seeing the success of walking groups, our Walking Program will start in September at the Gallagher Center.

Please contact the SBIA office for more information on upcoming activities at 1.888.373.1555.



Moose Jaw

Since the last Annual General Meeting at Arlington Beach we have a few things to pass on to you - like we are still around.

Last summer we took part in the Brain Boogie walk/run in Crescent Park in downtown Moose Jaw. Thanks to everyone who helped.

Several members attended the Fall Retreat in Regina. It was a great time.

At Christmas, we had a buffet-style lunch with 10 people attending. Of course we had to walk off the Christmas calories and in the new year members started walking at the track at Yara Sports Centre. Each lap was 365 metres and the 10 laps we did was 3.65 km. In April, we started walking outside in Crescent Park, getting ready for the Brain Boogie. It will be on August 29.

We welcome new and returning members to join us. For more information, please contact Leslie Good at 306.693.0470.



Kindersley

The Kindersley Chapter has continued our weekly walks and coffee on Thursday nights at 6:30pm at the West Central Events Centre (WCEC). During the summer we changed to Tuesday nights (same time - 6:30pm) as summer hours started at WCEC.

Besides the walk, we had a Christmas Party and invited the caseworkers. Unfortunately it was storming that night, but we still had a nice night of socializing and a fun gift exchange!

We are planning to have a Potluck BBQ this summer as well.

We are up to four members and have families and plenty of supporters of all ages and abilities who join us every week. All our members encourage each other and we hope others in our area will be encouraged to join in our group as well! and to
Everyone has enjoyed the social aspect of the group - both members and supporters.



Prince Albert

This has been a challenging year for the Prince Albert Support Chapter due to the loss of one of our key volunteers, Vern Wicks, who with his partner Michele Hoey committed countless hours to the group.

Elaine Perkins and volunteers from the Saskatchewan Royal Purple Association filled the gap, beautifully organizing a very successful Brain Boogie in honor of Vern's memory. They have committed to continue to support the Chapter and to assist in re-organizing the group's activities and events.

Your Gifts At Work

It's not the size of the gift,
it's how it impacts survivors and families.

Youth Groups



SOAR

SOAR provides youth with Acquired Brain Injuries an opportunity to create lasting friendships through participating in weekly recreational programs!

With the direction of the SOAR Program Staff, the group experiences new and exciting activities throughout Regina every Saturday afternoon from 1:30 – 4:00.

Each month, participants receive a schedule of Saturday afternoon activities planned for SOAR. Through these experiences participants developed meaningful friendships, had an opportunity to have a lot of fun!

For more information, please contact Robin Tresco at sbia.support@sasktel.net

Social Beans

Social Beans provided an opportunity for young adults (18-30) with ABI to get together with other survivors for a social evening and friendship. The group was facilitated by SBIA's social worker, Robin Tresco.

For more information please contact Robin at 306.551.8589

Prevention



Take Brain Injury Out of Play

Take Brain Injury Out of Play is a prevention program aimed at athletes, coaches, and parents in all sports at all levels. The purpose is to raise awareness about concussions, and how to prevent them. A recent study at McGill University indicated that 2 of the key factors behind serious and/or repeated concussions was a lack of awareness about brain injury as well as a lack of respect during play. Take Brain Injury Out of Play directly addresses those issues by asking both players and leaders to make a conscious and public choice to address the issue through the signing of our pledge to take brain injury out of their own/team's play.



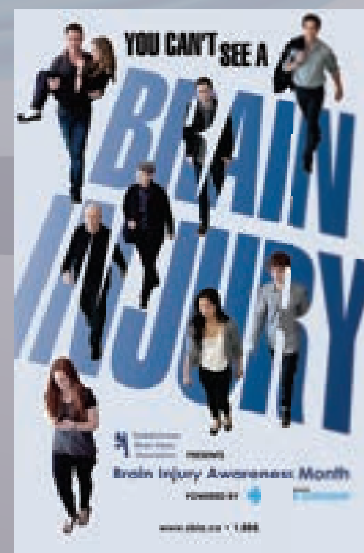
Save Your Melon

Is a prevention program of SBIA, launched by honourary spokesman, Jim Hopson, former President and CEO of the Saskatchewan Roughriders. It is a past theme of Bicycle Safety Week and encourages people of all ages to wear a helmet when cycling as well as participating in other activities.



BrainLove

The BrainLove Campaign is an exclusive partnership between Saskatchewan Royal Purple Association (SRPA) and the Saskatchewan Brain Injury Association (SBIA). This campaign's goals include raising awareness about brain injuries, encouraging brain health, and raising funds to help fund prevention programs and support brain injury survivors in the province. This campaign launched on January 25, 2014 in Saskatoon, SK at an annual meeting of the Saskatchewan Royal Purple Association.



Brain Injury Awareness Month

Saskatchewan Blue Cross is SBIA's newest long-term partner, joining forces for Brain Injury Awareness Month.

The poster, for 2014 said You Can't See A Brain Injury and was distributed to over 500 schools and Recreation Centres. Emilia Becker spoke to schools and service clubs about her experiences.

Your Gifts At Work

Over **3,175**
Facebook page reach
(Increase of 650 from last year)

Over **965**
Twitter followers
(That's about 290 more than last year)

Educating over **2,400** people at tradeshow and events

Over **4,470**
People receiving services

5,240
plus hours of direct service provided

2 thousand website visitor hits each month

1 thousand physical & email addresses received newsletter

Over **480** service events around the province



Impact of 2014-15 Fundraising

NEW	You Can't See A Brain Injury posters for Brain Injury Awareness Month distributed to: <ul style="list-style-type: none">• School districts• Individual schools• Recreation associations• Health and prevention partners
NEW	Social Beans Youth Program for those 18 - 30
Continued	Weekly program for survivors: Drumming program
Continued	Caregiver support group and new rural survivor support groups
Continued	Take Brain Injury Out of Play Education Program <ul style="list-style-type: none">• Displays and presentations at events around the province
Continued	Save Your Melon Expansion: <ul style="list-style-type: none">• Preschool & Daycare version for parents and their children providing helmets, tattoos and brochures
Continued	Take Brain Injury Out of Play pledge signings held
Continued	Study and survey about the needs of survivors and their family <ul style="list-style-type: none">• Conducted around the province• Outlines housing needs for survivors
IMPROVED	SBIA Website features improving information and interaction
IMPROVED	Facilities possible for hosting SBIA Retreats <ul style="list-style-type: none">• 60-100 people attended each of 2 at comfortable, accessible hotels

Financial Statements

SASKATCHEWAN BRAIN INJURY ASSOCIATION INC.

FINANCIAL STATEMENTS

MARCH 31, 2015

Reginald Reiter, Auditor*

June 6, 2015

Auditor's Report

To the President and Members of
Saskatchewan Brain Injury Association Inc

We have audited the Balance Sheet and Income Statement of Saskatchewan Brain Injury Association Inc as at March 31, 2015. These financial statements are the responsibility of the organization's management and board of directors. Our responsibility is to express an opinion on these financial statements.

Except as explained in the following paragraph, we conducted our audit in accordance with generally accepted auditing standards. Those require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements on the basis of records supplied. An audit includes assessing the accounting principles used and evaluating the overall financial statement presentation.

The organization derives part of its income from the general public in the form of receipts, which are not susceptible to complete audit examination. The audit in respect of income was limited to accounting for the amounts recorded in the records supplied.

In our opinion, these financial statements present fairly the financial position of the organization as at March 31, 2015 and the results of its operations for the year then ended in accordance with generally accepted accounting principles



Reginald Reiter
Auditor

SASKATCHEWAN BRAIN INJURY ASSOCIATION INC.
STATEMENT OF FINANCIAL POSITION
March 31, 2015

ASSETS	<u>2015</u>	<u>2014</u>
Current Assets		
Cash	47,455	-
Short term investments (Note 3)	67,481	112,725
Accounts receivable	6,153	8,989
Prepaid and deposits	<u>19,385</u>	<u>13,939</u>
	140,474	135,653
CAPITAL ASSETS (Note 4)	<u>3,263</u>	<u>3,245</u>
	143,737	138,898
LIABILITIES AND UNRESTRICTED NET ASSETS		
Current Liabilities		
Cash indebtedness	-	9,665
Accounts payable	3,465	2,135
Deferred revenue (Note 5)	<u>72,432</u>	<u>61,200</u>
	75,897	73,000
UNRESTRICTED NET ASSETS		
Unrestricted net assets	<u>67,840</u>	<u>65,898</u>
	143,737	138,898

APPROVED BY:

Lynne Back, Director

The accompanying notes are an integral part of these financial statements.

SASKATCHEWAN BRAIN INJURY ASSOCIATION INC.

STATEMENT OF REVENUES AND EXPENSES

FOR THE YEAR ENDED MARCH 31, 2015

	<u>2015</u>	<u>2014</u>
REVENUES		
	\$	\$
Grants (Note 6)	125,960	122,891
Donations	8,370	11,210
Fundraising (Note 7)	299,977	252,392
Camp and retreat registrations and memberships	8,440	7,780
Interest and other income	<u>3,562</u>	<u>2,478</u>
	<u>446,309</u>	<u>396,751</u>
OPERATING AND PROGRAM EXPENSES		
Accounting and professional fees	7,502	6,132
Awareness and promotion	16,276	14,481
Bank charges	3,236	2,877
Board and conference meetings	15,935	12,259
Brain Blitz	55,109	54,814
Brain Boogie	8,768	10,736
Camp	18,378	13,315
Chapter support	14,653	11,474
Contract services for programs, support and advocacy	6,229	9,228
Depreciation	1,026	1,416
Insurance	2,273	2,223
Office equipment, supplies and postage	4,542	4,135
Other programs and projects	9,779	9,077
Program travel	6,747	10,205
Rent	9,154	9,326
Retreats	27,225	21,089
Wages and benefits	232,931	204,011
Telephone, internet and fax	<u>4,604</u>	<u>4,277</u>
TOTAL OPERATING AND PROGRAM EXPENSES	<u>444,367</u>	<u>401,075</u>
SURPLUS (DEFICIT) FOR THE YEAR	<u>1,942</u>	<u>(4,324)</u>

The accompanying notes are an integral part of these financial statements.

SASKATCHEWAN BRAIN INJURY ASSOCIATION INC.
STATEMENT OF UNRESTRICTED NET ASSETS
March 31, 2015

	<u>2015</u>	<u>2014</u>
UNRESTRICTED NET ASSETS		
Unrestricted net assets, beginning of the year	65,898	70,222
Surplus (deficit) for the year	1,942	<u>(4,324)</u>
Unrestricted net assets, end of the year	67,840	65,898

The accompanying notes are an integral part of these financial statements.

SASKATCHEWAN BRAIN INJURY ASSOCIATION INC.
STATEMENT OF CASH FLOWS
March 31, 2015

	<u>2015</u>	<u>2014</u>
CASH PROVIDED BY (USED IN):		
OPERATIONS		
Surplus (deficit)	1,942	(4,324)
Depreciation	<u>1,026</u>	<u>1,416</u>
	<u>2,968</u>	<u>(2,908)</u>
Changes in non-cash working capital		
Short term investments	45,244	(45,408)
Accounts receivable	2,836	(1,211)
Prepaid and deposits	(5,446)	(8,150)
Accounts payable	1,330	(1,972)
Deferred revenue	<u>11,232</u>	<u>46,973</u>
	<u>58,164</u>	<u>(12,676)</u>
INVESTMENTS:		
Capital asset purchases	<u>(1,044)</u>	<u>(1,905)</u>
Net increase (decrease) in cash	<u>57,120</u>	<u>(14,581)</u>
(Cash indebtedness) cash, beginning of year	<u>(9,665)</u>	<u>4,916</u>
Cash (cash indebtedness), end of year	47,455	(9,665)

The accompanying notes are an integral part of these financial statements.

**SASKATCHEWAN BRAIN INJURY ASSOCIATION INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2015**

NOTE 1: NATURE OF THE ORGANIZATION

The Saskatchewan Brain Injury Association was incorporated August 6, 1985 through Articles of Incorporation under the Corporations Act of Saskatchewan as a non-profit organization without share capital. The organization is a registered charity and is restricted to charitable and fundraising activities, the main purpose of which is to prevent brain injuries and support brain injury survivors and their families. The organization has one class of membership and members have no rights to transfer a membership interest.

NOTE 2: SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared in accordance with Part III of the CPA Canada Handbook-Accounting Standards for Not-for-Profit Organizations, which sets out generally accepted accounting principles for not-for-profit organizations in Canada ("GAAP") and include significant accounting policies described hereafter.

Capital assets

Capital assets are recorded at cost. The rule stipulating one-half of current year additions less current year disposals is used for calculation of depreciation. Depreciation is calculated using the following annual rates and methods:

Equipment and furnishings	20%-declining balance
Computer equipment	30%-declining balance
Computer software	100%-declining balance
Leasehold improvements	Straight-line over term of lease

Revenue recognition

Revenue is recorded only as received or receivable if the amount to be received can be reasonably assured.

Financial instruments

The organization's financial instruments consist of cash, short term investments, accounts receivable, accounts payable and deferred revenue. Unless otherwise noted, it is management's opinion that the organization is not exposed to significant interest, currency or credit risks arising from these financial instruments. The fair value of these financial instruments approximates their carrying values, unless otherwise noted.

**SASKATCHEWAN BRAIN INJURY ASSOCIATION INC.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2015**

NOTE 3: SHORT TERM INVESTMENTS

Short term investments include a \$40,000 1 year non-redeemable investment, maturing July 28, 2015, interest 1.5% and \$27,481 33 month 1/3 redeemable anytime, maturing December 27, 2016, interest 2.25%.

NOTE 4: CAPITAL ASSETS

	----- 2015 -----			--- 2014 ---
	<u>Cost</u>	<u>Accumulated Depreciation</u>	<u>Net Book Value</u>	Net Book <u>Value</u>
Equipment and furnishings	\$ 4,801	\$ 3,971	\$ 830	\$ 1,038
Computer equipment	11,272	8,839	2,433	2,207
Computer software	305	305	---	---
Leasehold improvements	<u>3,453</u>	<u>3,453</u>	<u>---</u>	<u>---</u>
	<u>\$ 19,831</u>	<u>\$ 16,568</u>	<u>\$ 3,263</u>	<u>\$ 2,756</u>

NOTE 5: DEFERRED REVENUE

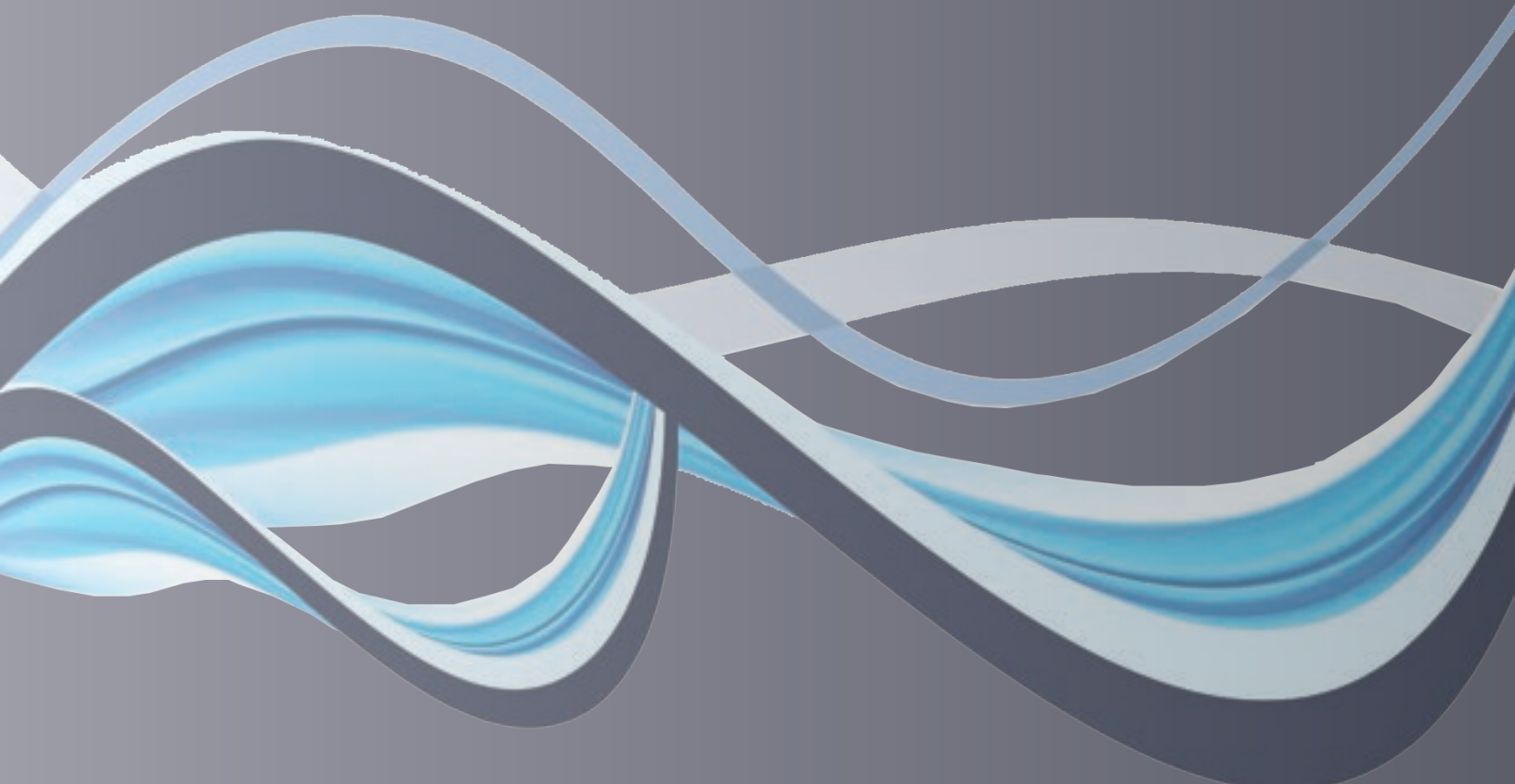
Deferred revenue consists of grants, sponsorship and ticket revenue that was prepaid which will be recognized in the following fiscal year. In order to recognize the income in the proper fiscal year, prior period deposits are held as deferred revenue.

NOTE 6: GRANTS

	<u>2015</u>	<u>2014</u>
SGI – Education Fund	\$ 22,870	\$ 22,204
SGI – Core Fund	83,399	80,970
Student Grants	<u>19,691</u>	<u>19,717</u>
	<u>\$ 125,960</u>	<u>\$ 122,891</u>

NOTE 7: FUNDRAISING

	<u>2015</u>	<u>2014</u>
Brain Blitz	\$ 238,734	\$ 219,467
Brain Boogie	46,773	31,675
Brain Love	<u>14,470</u>	<u>1,250</u>
	<u>\$ 299,977</u>	<u>\$ 252,392</u>



President

Gordon MacFadden
Saskatoon, SK

Past President

Barb Butler
Regina, SK

Treasurer

Lynne Back
Saskatoon, SK

Directors

Cynthia Block
Saskatoon, SK

Larry Carlson
Regina, SK

Phil Germain
Regina, SK

Leslie Good
Moose Jaw, SK

Directors

Dr. Patrick Neary
Regina, SK

Nicole Wall
Regina, SK

Shannon Reschny
Saskatoon, SK

Directors

Chris Ryder
Saskatoon, SK

Brenda Beavis Frey
Saskatoon, SK

Bryan MacFadden
Saskatoon, SK

Our Long-Term Partners

